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|  | **Rainbows Nursery Coronavirus (COVID-19) Risk Assessment** |

**Use guidance from The Government, World Health Organization and NHS to ensure the risk assessment is following the latest advice.**

**Assessment date:** 1st June 2020 **Review date:** On advice from government

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| **Hazard** | **Control measures** | **Action by Who?** | **When action?** | **Persons at risk** |
| **Exposure from others due to:**1) Living with someone with a confirmed case of COVID-19.2) Have come into close contact (within 2 metres for 15 minutes or more) with a confirmed case of COVID-19. 3) Being advised by a public health agency that contact with a diagnosed case has occurred. | * To follow government action of self-isolation and only to leave house for medical reasons; to shop for necessary food supplies; for exercise; and for work and education
* Travel is only required for essential travel; reduce the amount of time using public transport and to implement social distancing where possible (2m clearance from persons and not to travel in groups of more than 2 unless it is immediate family)
* To continue following ongoing government guidance
* Stay at home and only attend hospital in an emergency. Do not attend GP surgery and phone NHS line (111) if further advice is required
* Rainbows to ensure extremely vulnerable persons are shielding themselves and following their specific medical advice issued to them no later than 29/3/2020. They are to follow good NHS hygiene measures at all times (Solid organ transplant recipients; people with specific cancers: people with cancer who are undergoing active chemotherapy or radical radiotherapy for lung cancer; people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment; people having immunotherapy or other continuing antibody treatments for cancer; people having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors; people who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppressive drugs; People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe COPD; People with rare diseases and inborn errors of metabolism that significantly increase the risk of infections (such as SCID, homozygous sickle cell); People on immunosuppression therapies sufficient to significantly increase risk of infection; Women who are pregnant with significant heart disease, congenital or acquired).
* Avoid all visitors to your home unless they are providing a medical requirement
* Do not approach delivery staff, allow packages to be left on the doorstep
* Do not take any antibiotics as they do not work against viruses.
 |  |  | Staff, parents and children |
| **Suspected case whilst on site at Rainbows** | **If someone develops a high temperature or a persistent cough while at Rainbows, they should:*** Return home immediately
* If a child is awaiting collection, they should be moved, if possible, to a room where they can be isolated behind a closed door with appropriate adult supervision. Ideally, a window should be opened for ventilation. If it is not possible to isolate them, move them to an area which is at least 2 metres away from other people.
* Avoid touching anything
* Cough or sneeze into a tissue and put it in a bin, or if they do not have tissues, cough and sneeze into the crook of their elbow.
* They must then follow the guidance on self-isolation and not return to Rainbows until their period of self-isolation has been completed.
* In an emergency, call 999 if they are seriously ill or injured or their life is at risk.
 |  |  | Staff, parents and children  |
| **Confirmed case of Covid 19 at Rainbows** | **Positive Cases/ Tests at Rainbows:** * **Always follow government guidelines and report known cases immediately to Rainbows.**
* If someone tests positive in Rainbows, the rest of the group should be sent home and advised to self-isolate for 14 days. The other household members of that wider class or group do not need to self-isolate unless the child, young person or staff member they live with in that group subsequently develops symptoms.
* Access to testing is available if you have symptoms. Parents will be able to call 111 if their child is aged under 5. Staff can book tests through an online digital portal.
 |  |  | Staff, parents and children |
| **Admission guidance and temporary capped numbers** | **We aim to reduce transmission risk by:*** Welcomimg back children below statutory school age from the week commencing 1 June if government guidelines say it is safe to do so but will introduce a temporary cap on numbers to ensure safety at all times. Current advice is to admit 3 and 4 year olds with a view of extending this further when advised to do so.
* Minimising contact and mixing of children is essential. Small consistent groups will be selected from the register and taught by assigned staff members where possible. These small groups must stay away from other people and groups at Rainbows
* Government advice will be constantly followed and updated
 |  |  | Staff and parents |
| **Travel to Rainbows** | **Wherever possible:*** Walk or cycle to Rainbows
* Avoid public transport
 |  |  | Staff, parents and children |
| **Inclement weather – cold temperature allows disease to survive.****Suntan cream** | * All persons to dress appropriately for the weather (cold and hot)
* Maintain good hygiene measures at all times
* Suntan cream should be applied before Rainbows and will not be reapplied by staff
 |  |  | Staff and children |
| **Access to Rainbows** | **Where possible, please consider and implement the following practices:*** Stop all non-essential visitors
* One consistent adult should drop off and collect children
* We will introduce staggered start and finish times to reduce congestion and contact at all times
* Avoid gatherings at gates, nursery and school site
* Monitor site access points to enable social distancing – you may need to change the number of access points, either increase to reduce congestion or decrease to enable monitoring
* Follow one way systems
* Require all to wash or clean their hands before entering or leaving
* Allow plenty of space (two metres) between people waiting to enter
* Regularly clean common contact surfaces
* Reduce the number of people in attendance
 |  |  | Staff, parents and children |
| **Hygiene.** | * Wash hands before and after attending Rainbows
* Wash your hands thoroughly and regularly. Use soap and water for at least 20 seconds. Use alcohol-based hand sanitiser if soap and water is not available and hand washing technique to be adopted as directed by NHS
* Avoid touching your face/eyes/nose/mouth with unwashed hands and cover your cough or sneeze with an elbow/ tissue then throw it in the bin.
* Provide additional hand washing facilities
* Regularly clean the hand washing facilities and check soap and sanitiser levels
* Provide suitable and sufficient rubbish bins for hand towels with regular removal and disposal.
* Rainbows will need extra supplies of soap, hand sanitiser and paper towels and these should be securely stored.
* Prevent the sharing of stationery by designating a pencil to each child
* Reduced resources will be available; soft furnishings, soft toys and toys that are hard to clean will be removed
* Large play equipment will be reduced in number and cleaned regularly
* Clean surfaces that children and young people are touching, such as toys, books, desks, chairs, doors, sinks, toilets, light switches, more regularly than normal
* Introduce enhanced cleaning of all facilities throughout the day and at the end of each day
* Talk to cleaners about new requirements
 |  |  | Staff and children, cleaners |
| **First Aid / Medication** | **Wherever possible:*** Restrict the number of staff coming into contact with children for medicine or first aid purposes.
* Avoid physical contact where possible.
* Consider disposal of used first aid items.
* Medicine and especially inhalers should be kept in individual named closed boxes.
 |  |  | Staff, parents and children |
| **Use of toilets and changing facilities** | * Restrict the number of people using toilet facilities at any one time. Introduce staggered start and finish times to reduce congestion and contact at all times
* Based on the size of the facility, determine how many people can use it at any one time
* Provide suitable and sufficient rubbish bins in these areas with regular removal and disposal.
* Single use PPE should be disposed immediately in bathroom bins when changing nappies, cleaning potties.
* Enhance the cleaning regimes for toilet facilities particularly door handles, locks and the toilet flush. Potties should be avoided wherever possible, but where in use these should be cleaned and emptied immediately.
 |  |  | Staff and children |
| **Food and Drink** | * Staff and children must stay on site once they have entered Rainbows and not use local shops to buy food or drink
* Dedicated eating areas should be identified to reduce food waste and contamination
* Break times should be staggered to reduce congestion and contact at all times
* Hand cleaning facilities or hand sanitiser should be available at the entrance of any room where people eat and should be used when entering and leaving the area
* Staff and children should be asked to bring pre-prepared snacks and meals and refillable drinking bottles from home
* Consider : sitting 2 metres apart from each other whilst eating and avoid all contact where possible
* Crockery, eating utensils, cups etc. should not be used unless brought from home
* Drinking water should be provided with enhanced cleaning measures of the tap mechanism introduced
* Tables should be cleaned between each use
* All rubbish should be put straight in the bin and not left for someone else to clear up
* All areas used for eating must be thoroughly cleaned at the end of each break, including chairs and door handles.
 |  |  | Staff and children |
| **Working in Rainbows and maintaining safety** | * Anyone who is unwell with symptoms of Coronavirus (Covid-19) should not attend
* All equipment to be thoroughly cleaned prior and after using it.
* Increased ventilation will be provided within enclosed spaces
* Consideration given to disposable gloves and eyewear to prevent and reduce potential contamination if isolating a child
* Starting and finishing times are to be reviewed
* Maintain social distancing wherever possible
* Tasks are to be arranged to enable them to be done by one person or as small number of persons without compromising safety measures.
* Always consider if the task can be performed differently
* Continue to conduct dynamic risk assessments whilst completing the work and speak up if there is a safer way of completing the task
* Avoid skin to skin and face to face contact wherever possible
* Limit the frequency of working with individuals and ensure that exposure to one person is less than 15 mins
* Above hygiene measures and additional cleaning schedules to remain (regularly washing hands for at least 20 seconds with soap and warm water)
* Any health concerns to be raised immediately to management
* Any additional COVID 19 measures specified by Government rules must be followed and shared regularly with all.
 |  |  | Staff, parents and children |
| **Well-Being and Mental Health** | **We should consider the well-being and mental health of all in the Rainbows Family*** Observe children, parents and staff carefully
* Be curious about worries
* Avoid physical contact where possible
* Set up routines
* Encourage flexibility and provide support around change
* Encourage self-care strategies to include: exercise, mindfulness, kids/ adult yoga, healthy eating, talking, sleep and self-compassion.
* Identify supportive people and encourage friends to talk
* Regular communication and feedback to all parties
* Reflection of the day (could be included in Learning Journey books)

**Helplines:*** Mental Health and Well-Being – Every Mind Matters Advice [www.nhs.uk](http://www.nhs.uk)

Coronavirus ‘Get your Mind Plan’* Education Support for school staff

[www.educationsupport.org.uk](http://www.educationsupport.org.uk)0800 562 561 or text 07909 341 229 for help and support.* SHOUT – Text SHOUT to 85258 for crisis text support [www.giveusashout.org](http://www.giveusashout.org)
* CHILDLINE – under 19s 0800 1111 for free, confident support
 |  |  | Staff, parents and parents |

## Training

Please ensure a manager’s brief has been completed alerting to Rainbows specific procedures

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/advice-for-travellers/>

<https://www.gov.uk/government/publications/coronavirus-action-plan>

## Management

* Please ensure all staff are aware of reporting requirements and that all confirmed cases are escalated to your manager.
* Information notes are to be sent out and any updates communicated in a timely manner to staff and parents.
* This must include letting staff know about symptoms and actions the medical professionals are advising people to take.
* A colleague/ child who has been isolated for 14 days cannot return to Rainbows until the appropriate ‘fit note’ documentation is provided by their GP/healthcare provider to demonstrate they are now fit to return.
* Assessments to be reviewed every 6 months or where significant change has occurred
* Please remind staff and parents that in order to minimise the risk of spread of infection, we rely on everyone at Rainbows to take responsibility for their actions and behaviours.
* Please encourage an open and collaborative approach between staff and parents where any issues can be openly discussed and addressed.

In England call **NHS on 111**, where you will be assessed by an appropriate specialist. NHS guidance is that you do not go directly to your GP surgery, community pharmacy or hospital unless an emergency occurs